

HARVEST

{Of the Month}



HYDROPONICS



Fast Facts

- ✓ The Latin words “**hydro**” meaning **water**, and “**ponos**” meaning **labor** makes up the term Hydroponics!
- ✓ **Hydroponic plants are grown without soil**, they require perfectly balanced pH, nutrient solutions as well as highly oxygenated water that is being delivered directly into the roots. This technique allows plants to be grown almost anywhere! Where might you try growing something hydroponically? Share with us on social media using the **#MDKidsEatLocal!**
- ✓ There are a few Maryland farmers who grow different kinds of **lettuces**, **microgreens**, **tomatoes**, **cucumbers** and **herbs** in hydroponics conditions all year long.



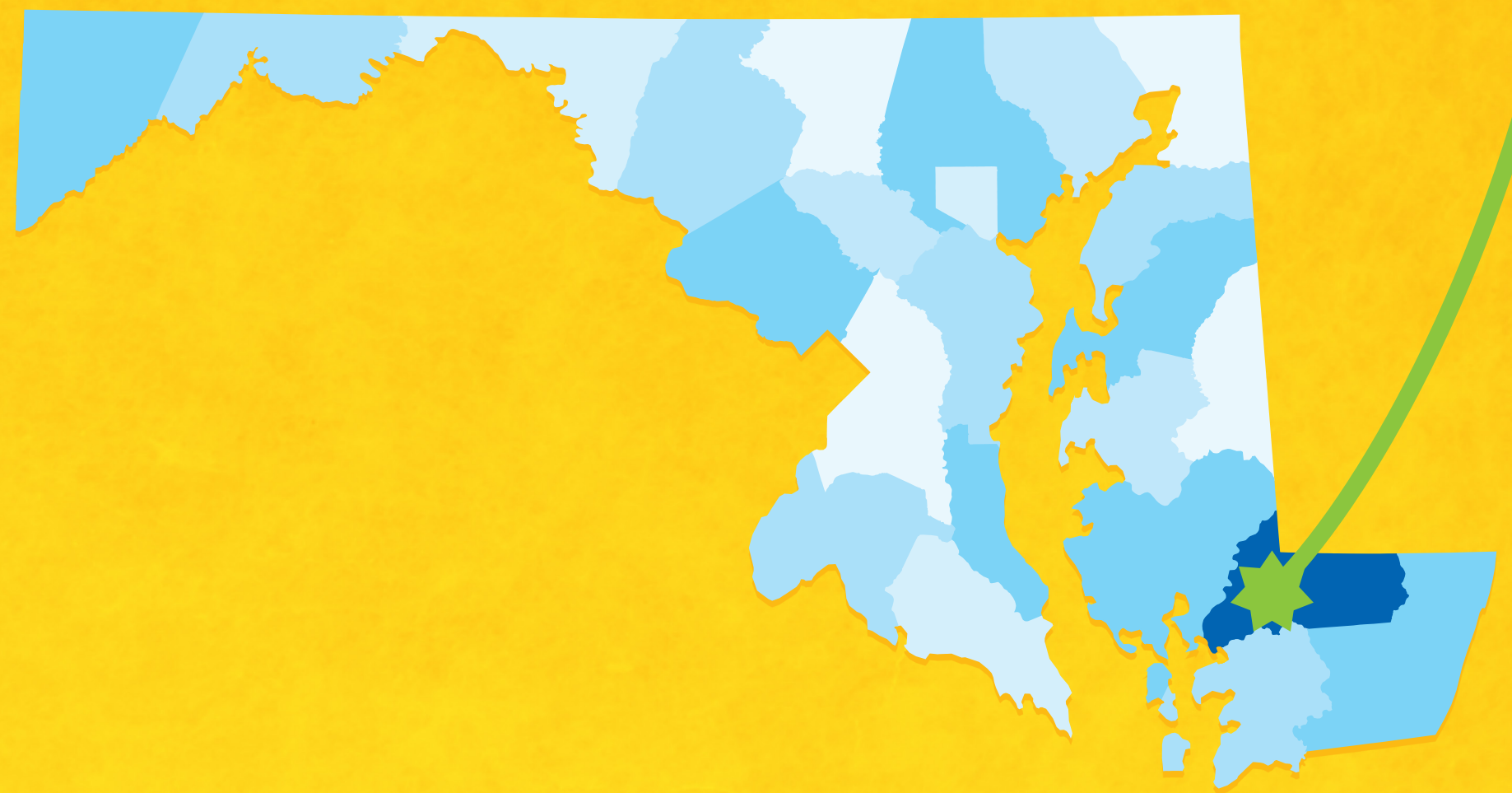
Featured Farm

BAYWATER FARMS
WICOMICO COUNTY

Baywater Farms is a sixth-generation farm located on the Eastern Shore. In their ½ acre greenhouse, Baywater Farms can grow 24 acres worth of delicious, fresh Maryland produce using sustainable methods and no pesticides. Since their produce is grown hydroponically, their lettuce, herbs, and microgreens are available year round. You may even see their produce in school lunches!

Availability

YEAR ROUND



MARYLAND DEPARTMENT OF AGRICULTURE
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